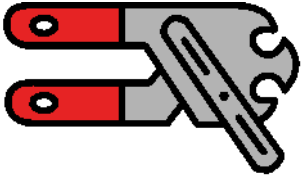
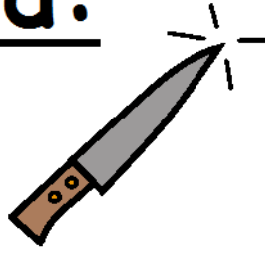


Tuna Melt

You will need:



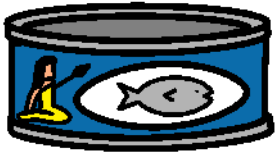
can opener



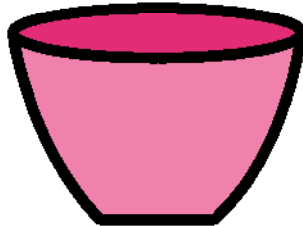
sharp knife



cutting board



tuna



bowl



plate



celery



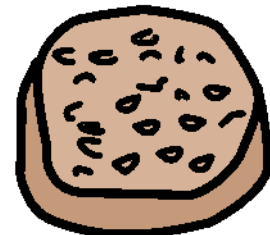
mayonnaise



green onion



cheddar cheese



English muffin

Tuna Melt

1. Open and drain



2. Put



3. Add 1/4 cup



4. Wash and chop



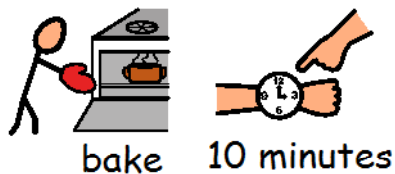
5. Mix and put
on English
muffin



6. Grate cheese on top



7. Put in oven
at 350°F
for 10 minutes



8. Put on plate
and serve

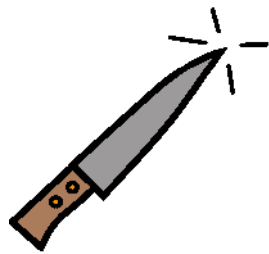


Cream Cheese, Tomato and Cucumber Sandwich

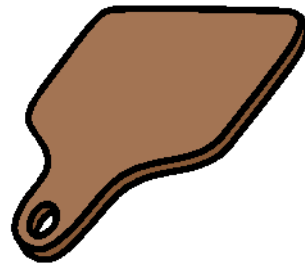
You will need:



peeler



sharp knife



cutting board



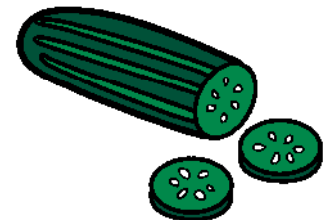
bread knife



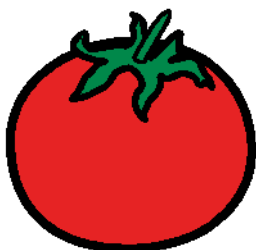
plate



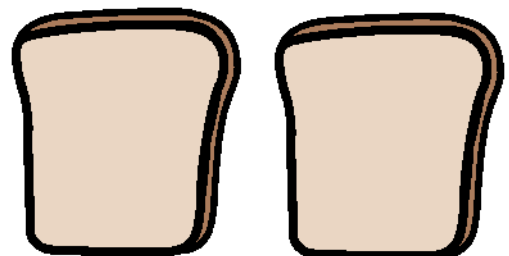
cream cheese



cucumber



tomato



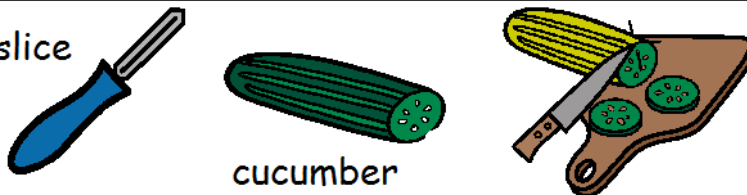
2 slices bread

Cream Cheese, Tomato and Cucumber Sandwich

1. Wash and slice



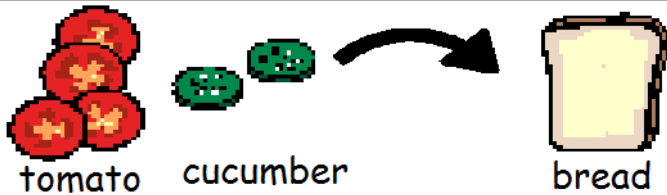
2. Peel and slice



3. Spread 2 Tbsp



4. Put



5. Put



6. Cut and put on plate



7. Serve



Grilled Cheese

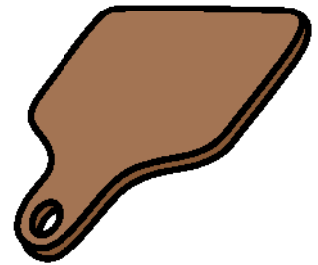
You will need:



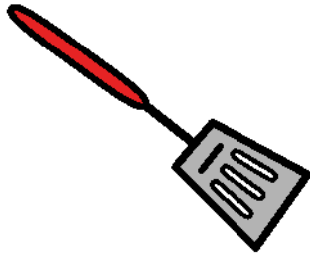
frying pan



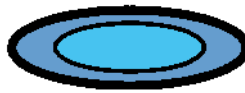
sharp knife



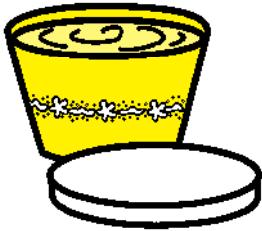
cutting board



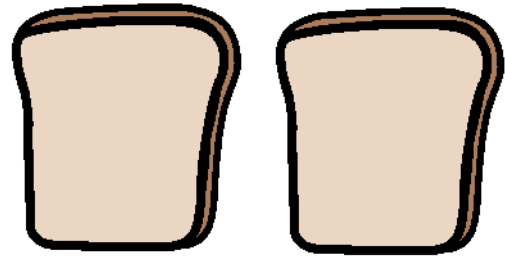
spatula



plate



margarine



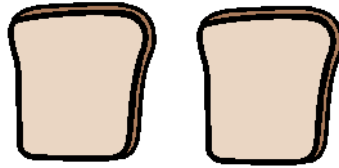
2 slices bread



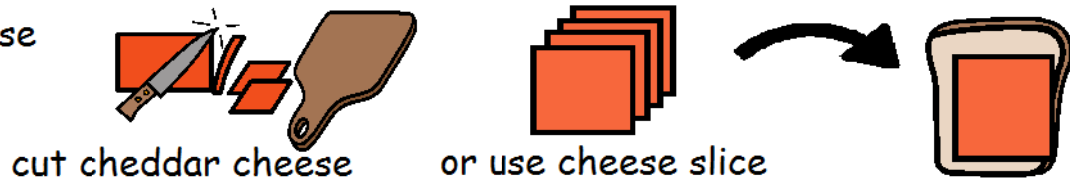
cheddar cheese or cheese slices

Grilled Cheese

1. 2 slices of bread



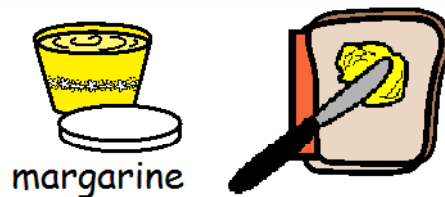
2. Add cheese to 1 slice



cut cheddar cheese

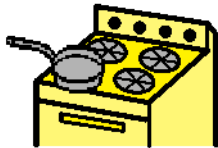
or use cheese slice

3. Butter outside bread with margarine

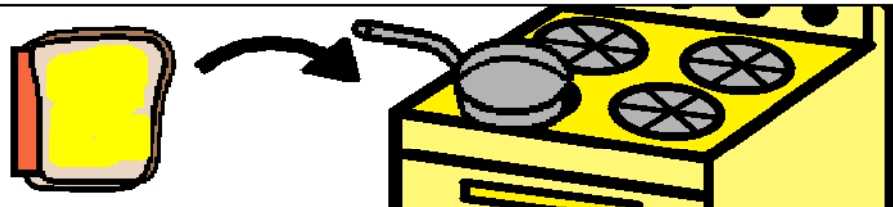


margarine

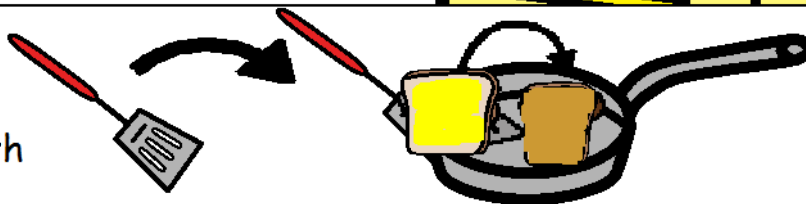
4. Heat frying pan on medium heat



5. Put sandwich in frying pan



6. Turn sandwich when brown underneath



7. Brown other side



8. Cut, put on plate and serve



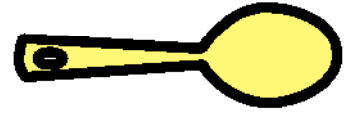
Macaroni and Cheese



pot



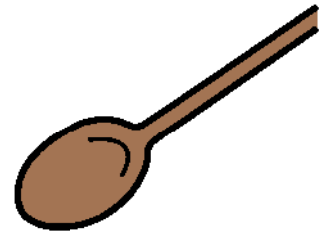
measuring cups



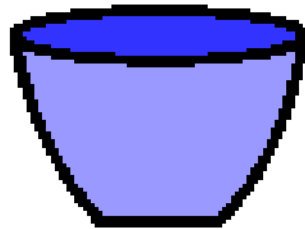
tablespoon



colander



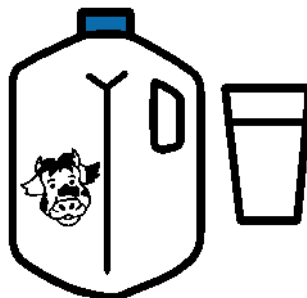
mixing spoon



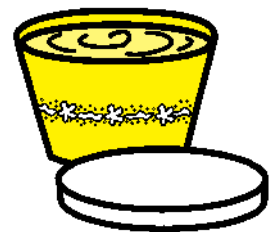
bowl



macaroni & cheese



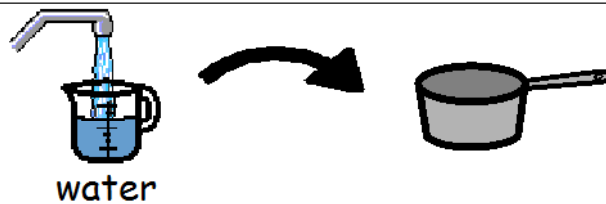
milk



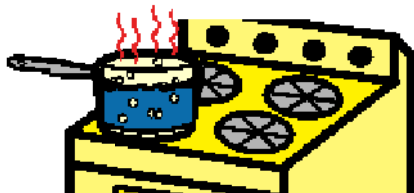
margarine

Macaroni and Cheese

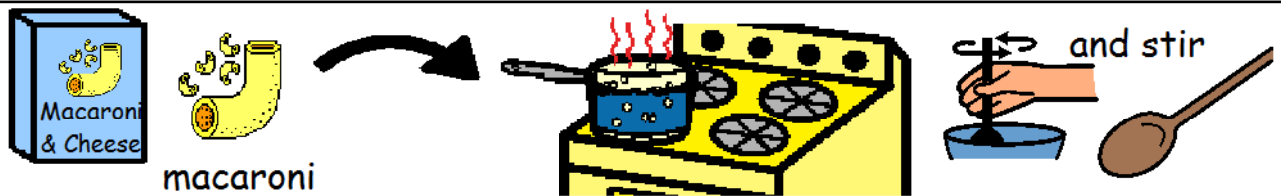
1. Add



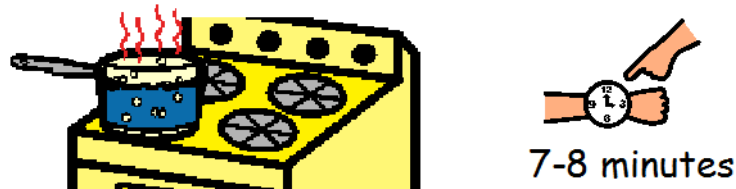
2. Boil



3. Add



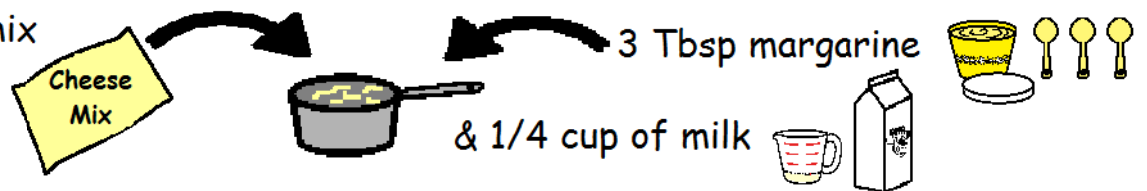
4. Cook for



5. Drain



6. Add cheese mix



7. Mix



8. Spoon into bowl
and serve

