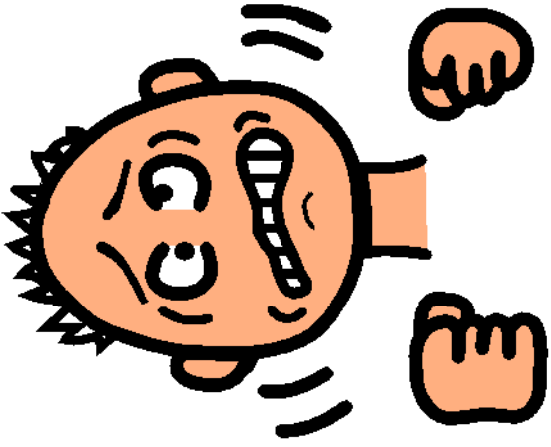
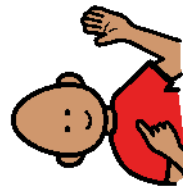
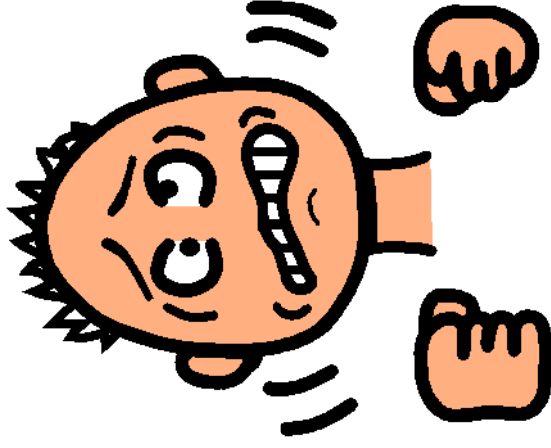


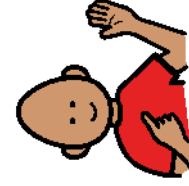
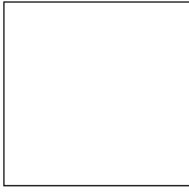
I feel frustrated!



I feel frustrated!



I can



I can



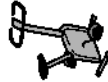
movement

break



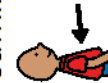
exercise

bike



belly

breathing



squeeze

hands



quiet chair



movement

break



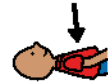
exercise

bike



belly

breathing



squeeze

hands



quiet chair

