




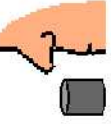




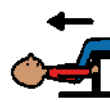







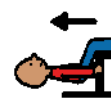


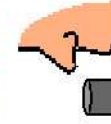



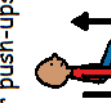


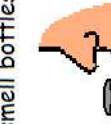








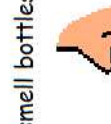
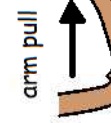







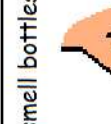








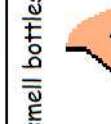
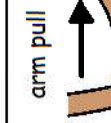







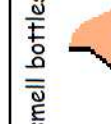
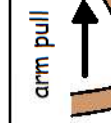



hand squeeze		chair band		chair push-ups		fidget tool		knee hug		small bottles		arm pull		pressure points		belly breath	
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