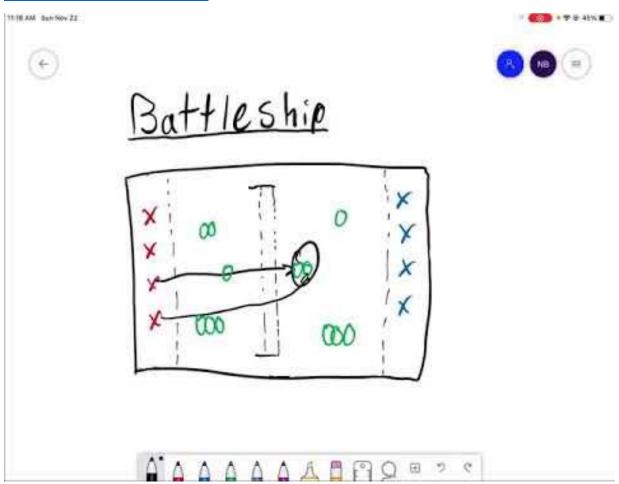
VOLLEYBALL IDEAS

Battleship Serving Game

Battleship (PE Volleyball Game)



How it works:

- Split the students into two teams and place them on opposite end lines of the court.
- Place hula hoops on each court, making "ships" with the hoops.
- The object of the game is to try to hit the other teams' battleships.
- If the serve lands in one of the hoops the hoop is removed.
- The teams are trying to be the first to get rid of all the hula hoops (battleships) on their opponent's court.

Dead Fish

How it works:

- Split players into two teams of servers on opposite sides of the net.
- Everyone serves at the same time.
- As soon as someone misses, they must go sit on the other side of the court until one of their teammates serves a ball that the player can catch.
- Once you catch a ball, you return to the game.
- Time the drill for 5-10 minutes, and whichever team has the most "live fish" wins.

Another Version:

- Both teams start with all the players sitting on their court spread apart.
- Each team chooses one server to start the game.
- If the server serves to one of their players and the player catches the ball, then they become a server also.
- The object of the game is to be the first team to have all their players serving.



Beginner Volleyball: Dead fish serving game

Other Version:

https://youtu.be/k16Pauv7NzQ?si=ckKbCimqcQP-XCkk

Beat the Card

Grade level: 4-8

Equipment: Volleyballs, Deck of Cards

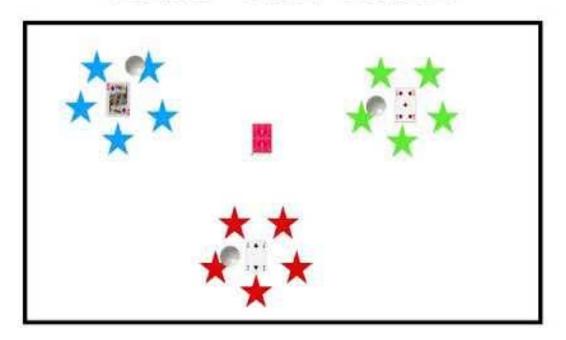
Game Description:

• Students need to be in groups of between 3-7 people. They get into a circle.

- A student from each group will pick up a playing card from the deck in the middle and bring it back to their group.
- Whatever the card is, they have to beat the card. If it's a face card they have to get 11, 12, or 13 passes in a row before the ball hits the ground (corresponding with Jack, Queen, King). If they pull a 5, they have to get 5 passes in a row.
- If they beat the card, they keep it. If they don't, the card goes back into the deck.
- For every card they beat, they get that number of points. They are competing to see which group can collect the most points. Variations: give them 2-3 opportunities to beat the card depending on the age level. Can also have them do an exercise if they do not beat the card.

Physed Games - Beat The Card

BEAT THE CARD



4 Square Volleyball

Grade level: 5-8

Equipment: Volleyballs/ court markings

Game Description: 4-square volleyball merges the classic game of 4-square with volleyball skills like bumping and setting. Squares can be created in the sand, or using cones, or painted lines, skipping ropes, etc. All you need is at least 4 players ready to have some fun practicing their volleyball skills.

How To Play:

- 1. Each player starts in a square. The bottom right square is the King's square.
- 2. The goal is for players to advance to the King's square by not making mistakes or bad shots.
- 3. The player in King's square starts with a small serve to any other square.
- 4. Players can only have 1 contact with the ball when it comes to their square. The contact is to try to get it to a different players square.
- 5. A failed shot (one that goes out or lands in own square for example) sends the player who hit it to the starting square or end of the line if there are more than 4 players.
- 6. Players rotate up the order as they are successful

https://youtu.be/Fagva8V-vYM?si=bMFM6YSB MEirFXy

https://youtu.be/BEe4kv7Dlak?si=rm4vlaLQn6_hkLak

Volleyball Hoops

How to Play?

- Teams go line up at a hoop.
- One student stands under the hoop and tosses to the person in the front of the line.
- The student tries to bump or set the ball into the hoop.

https://youtu.be/3QxfEQ5VL80?si=Y3fW-e-ubbrBGNos