

Name: _____ Date: _____

PAYING ATTENTION TO THE WORLD AROUND US

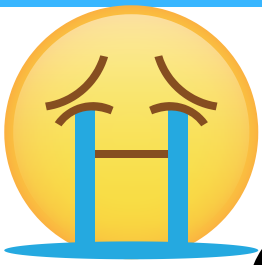


Draw a picture of your favorite activity that doesn't involve a screen. It could be playing outside, reading a book, or spending time with friends and family.

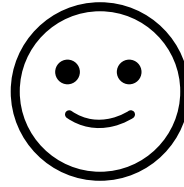
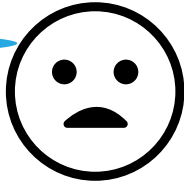
A large empty rectangular box with a blue border, intended for drawing a picture of a favorite activity that does not involve a screen.

How do you feel when you are doing this activity?

What other activities do you like to do that do not need a personal device?



Draw your emotions on the situations.

A large, empty square box with a thin black border, intended for drawing an emotion.

You play a game on a device for too long.

A large, empty square box with a thin black border, intended for drawing an emotion.

You have a new game.

A large, empty square box with a thin black border, intended for drawing an emotion.

You play outside with your friends.

A large, empty square box with a thin black border, intended for drawing an emotion.

You play card games with your family.

A large, empty square box with a thin black border, intended for drawing an emotion.

You don't do anything.

A large, empty square box with a thin black border, intended for drawing an emotion.

You play with toys.

A large, empty square box with a thin black border, intended for drawing an emotion.

You go for a walk.

A large, empty square box with a thin black border, intended for drawing an emotion.

You play a game on your device for a short time.

A large, empty square box with a thin black border, intended for drawing an emotion.

You watch videos on your device for a long time.