ICY Teams general information PowerPoint

Updated March 11, 2022. Version 1.4.

This PowerPoint is for ICY team partner organizations to use in introducing ICY teams to their organizations and networks. It is a public-facing document and contains information that is consistent with other communication items. A PDF containing speaking notes is available, or speaking notes can be found in the comments layer of this PDF. If you would like to receive the speaking notes, have questions or have suggested edits to the PowerPoint, please contact MMHA.ProvincialSupportOffice@gov.bc.ca.

Updates include adding alt text for screen readers, condensing the number of slides, adding new slides (Pathway context and ICY team start-up roles), some new photos, new graphics for before/after ICY teams and updating the team member descriptions.



Integrated Child & Youth Teams

Overview and Introduction







Welcome and territorial acknowledgement

Photo: SNIDEEL, (pronounced 'sneed-kwith')
Also called Tod Inlet, Saanich BC





What are ICY teams?

- Part of A Pathway to Hope strategy for mental health and substance use care
- Community-based teams delivering wraparound services and supports for children and youth, including those with different abilities, backgrounds and situations
- Easier for children and youth to connect to care – at school and in the community
- Team members work in a structured, integrated, multidisciplinary team, sharing information when needed and approved





A Pathway to Hope Commitments (2019)

A Pathway to Hope:

A roadmap for making mental health and addictions care better for people in British Columbia







challenges social emotional development and Youth Teams Step up/down: Specialized care home beds and intensive day programs Create virtual counselling for post-secondary students

IMPROVED WELLNESS SUPPORTING INDIGENOUS-LED AND YOUNG ADULTS SOLUTIONS Support for pregnant Implement the Tripartite individuals and parents MOU with the FNHC. FNHA and Government with substance use of Canada Promote early childhood Develop 10-year strategy to achieve progress on the social determinants of health and wellness Enhance programming in early childhood centres Embed cultural safety and humility across the provincial system **Expand Confident** Parents: Thriving Kids Expand First Nations-run treatment centres **Expand Foundry Centres** Expand Indigenous land-Mental health in schools healing services Establish Integrated Child

based cultural and Enhanced capacity for Métis Nation BC for priority setting and planning Support First Nationsled primary health care

initiatives

SUBSTANCE USE: BETTER CARE. SAVING LIVES

Framework for improving substance use system of care

Ensuring best evidence guides care in B.C.

Increase access to evidence-based addiction care

Integrated team-based service delivery to connect people to treatment and support ongoing recovery

Overdose emergency response, including community-based harm reduction services

Supportive recovery services

Provincial Peer Network

IMPROVED ACCESS, BETTER

Expand access to affordable community counselling

Team-based primary care (with mental health and substance use professionals) and specialized services

Enhanced provincial crisis lines network

Framework and standards to improve care under the Mental Health Act

Implement peer support co-ordinators

Develop peer support worker training resources

Expand Bounce Back

Mental Health and Wellness Disaster Recovery Guide

Workplace mental health

Create a web-based portal (focused on children and youth)

What are the problems we are trying to solve in **A Pathway to Hope**?



1

A patchwork of disconnected services is difficult to navigate and requires families and young people to re-tell their story over and over.

2

Not enough emphasis on promoting wellness, preventing problems from starting or becoming larger, and identifying early when young people need help and connecting them to care.

3

Demand for services exceeds capacity resulting in long wait times, increasing use of and acute care, or no care at all (where services do not exist).



Stigma and affordability are barriers to people accessing and receiving care.



What's different?

Mental health service provider

Other services

Before ICY Teams:

Children, youth and families navigate and reach out to a variety of services, retelling their story to many different groups and individuals

School employees

Community Indigenous Child, organization youth and family

> Substance use service provider

Health care professional

or



What's different?

With ICY Teams:

ICY team members help navigate, integrate and provide mental health and substance use services to wrap around children and youth

ICY Team

ICY Team program leadership (health authority)

ICY clinical support (school district)

Substance use clinical support (health authority)

> CYMH clinical support (MCFD)

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Child/youth peer support and family peer support

Indigenous and multicultural support

Supplemental as decided by child or youth



Staffing of ICY teams

- Where positions exist, they will join the ICY teams
- Where ICY core team positions do not exist, new positions will be funded
- Additional team members may be added (e.g., GPs, social workers, coaches, support people, Elders, other counsellors or professionals) to a child/youth's specific team







Areas and districts

- Serving all children, youth and families within a school district boundary, including those attending First Nations-operated schools, independent schools, Francophone schools, alternative schools or those not in school
- Young people, if new to services, connect to ICY teams based on geographic location
- Serving children, youth and families from early years to age 19 (up to age 21 if the young person is already receiving ICY team services)

Diversity focus

- Children, youth and families may feel safer, more welcome and more likely to ask for help in a community-based setting
- ICY teams work towards culturally safer, distinctions-based, and child-, youth-, family-community- and Nation-centred approaches, (continually engaging and communicating with Indigenous partners and Nations) unique to each community
- Teams embrace strengths-based, gender-, diversity- and trauma-informed practices





ICY team start-up and development

DISTRICT PROGRAM
DEVELOPERS:
implementation
support, community
workplan, training,
local implementation
committee chairing,
youth advisory
committee

PROVINCIAL SUPPORT OFFICE:

policies and processes,
knowledge exchange, training,
technology, evaluation,
information sharing and
communication

ICY TEAM PROGRAM
LEADERS lead and start
the team in each
community and
oversee hiring,
training, referrals,
team set up and local
processes



ICY teams in school district areas

2021

- Comox Valley
- Maple Ridge-Pitt Meadows

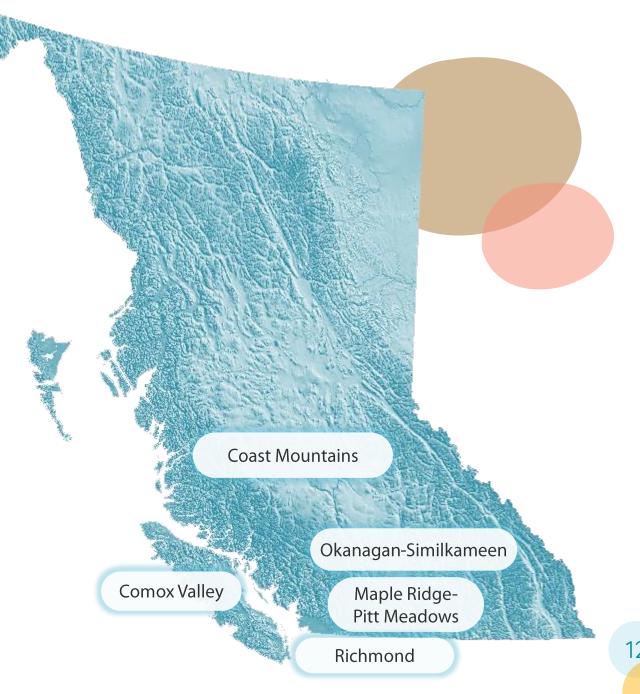
2022

- Richmond
- **Coast Mountains**
- Okanagan-Similkameen

2024

15 more school districts, locations TBD





Thank you!





