

*Thank you to the CVRD for their ongoing support that allows us to offer affordable programming options for inclusion in Courtenay Recreation programs.*



# Leisure Buddies

## *Parent Info*



CITY OF  
**COURTENAY**  
Recreation

[courtenay.ca/rec](http://courtenay.ca/rec)  
Lewis Centre 250-338-5371

## Purpose

This program was created to provide extra support for those with diverse needs to fully participate in recreation programs with the City of Courtenay.

## What is the Leisure Buddies Program?

Our Leisure Buddies program sets up your child or youth with one-on-one support in the recreation program of their interest. Leisure Buddies can help with creating program adaptations, supporting the participant with any anxiety or sensory needs, and behaviour management. Please contact the Adaptive & Inclusive Program Supervisor to complete Leisure Buddy Intake form.



## What is the process?

- 1) Families will register for the programs of interest.
- 2) Families will notify the Adapted & Inclusive Programming Supervisor that their child requires extra support.
- 3) Families will arrange for an intake.
- 4) During the intake, families will fill out a comprehensive form that goes over the child's strengths, challenges, triggers, and strategies to aid in setting the participant up for success in the program.
- 5) Depending on the amount of support/supervision/intervention required (i.e. whether they pose a risk to the safety of self or others in program), their enrollment may be dependent on staffing and further options will be discussed with the Adaptive & Inclusive Programming Supervisor. This may include withdrawal from the program with a prorated refund.

**Please Note:** Leisure Buddies Services requires a minimum of 2 weeks' notice prior to start of program to complete the intake process and find an appropriate Leisure Buddy.

If a Leisure Buddy is not available, a parent is welcome to stay and provide support for their child.

*If any issues, concerns or recommendations arise, please contact Laura McGrath, Adaptive & Inclusive Programming Supervisor.*

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