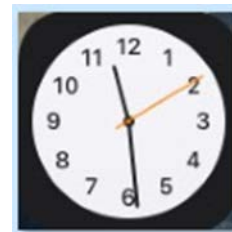


# Using the Clock on an iPad or iPhone to Support Time Management and Organization

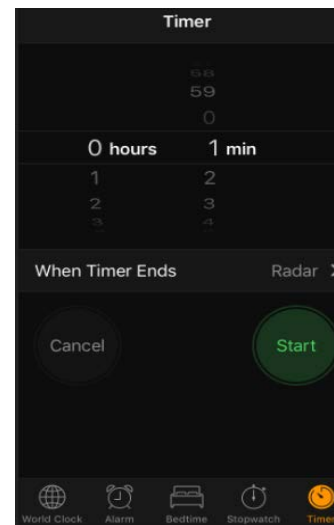
ABOUT: In this activity, participants will learn how to use the timer in the clock App on the iPhone or the iPad to improve time management and organizational skills.

WHAT YOU WILL NEED: Clock App on iPad or iPhone

1 On the iPhone or iPad, open up the Clock App.



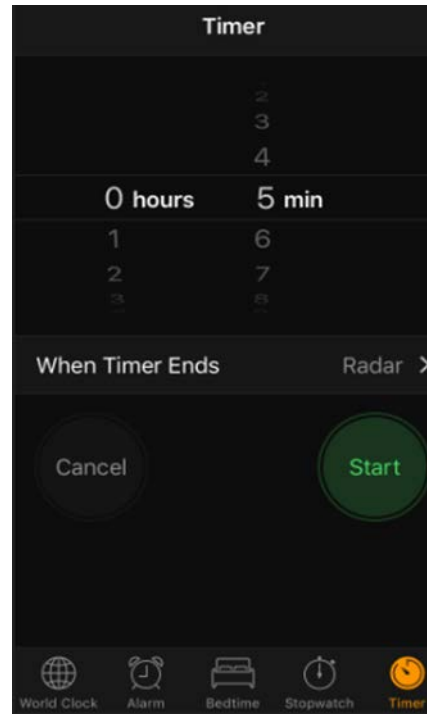
2 Click on the timer.



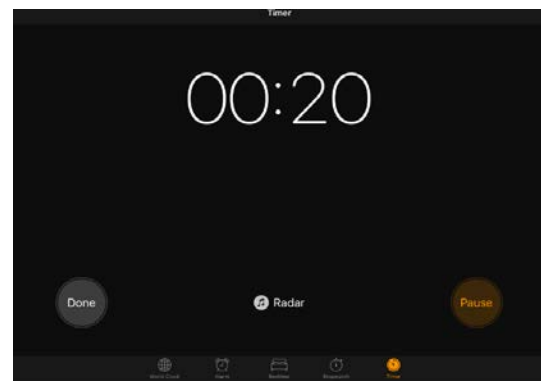
3

You can set the timer using the minutes and hours on the timer by scrolling the minutes and/or hours dial to the time you would like. At this time you can also choose the sound you hear when the time ends ( the example shows Radar)

### iPod



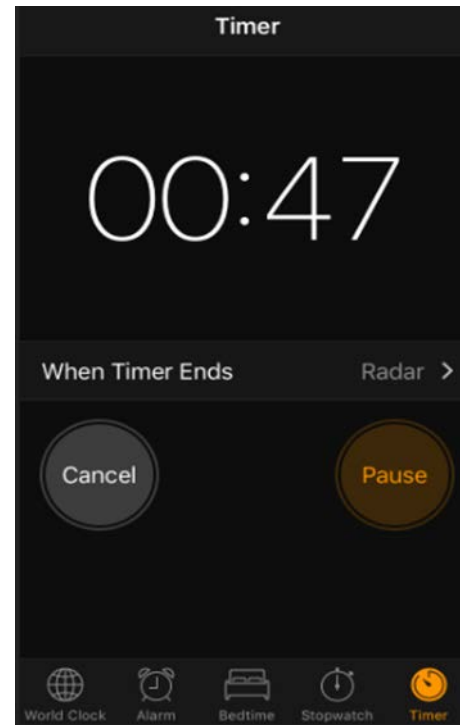
### iPad



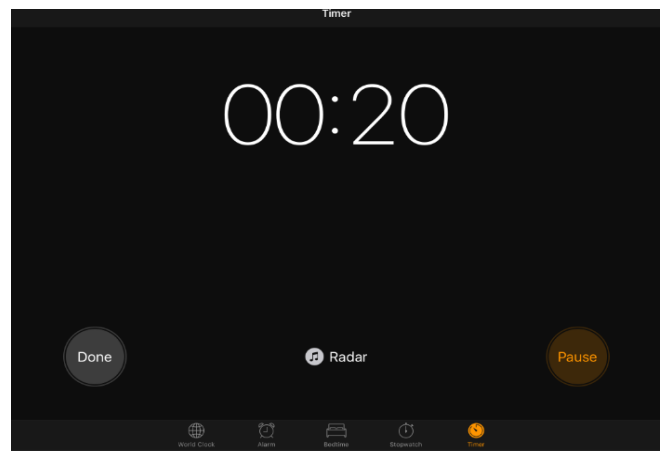
4

If you would like to stop or pause the timer, click on the cancel or pause button on an iPhone.

iPod:



iPad:



On an iPad click on Done or Pause button

5

To stop the timer once the time is complete, swipe the timer done at the top of the timer. This is the same for the iPad as well.

