



Accepting
change

Change is hard. Many people become upset when things change. Especially, when it's really big change.



A really big change
has happened in
the world and
everyone is being
asked to be flexible.





This means that instead of going to school or other activities, we are asked to stay home.




**EVERYTHING
WILL BE OK**



Being flexible means that we can change the way we do things and know that everything will be okay.



Students in the Comox Valley are being flexible by doing school work at home,



We still have teachers and special helpers that care about us and want us to be continuing working hard.




Many kids at home are having to use a schedule at home, which is a big change.

Kids schedule

MORNING			
8	9	10	11
_____	_____	_____	_____
_____	_____	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>


AFTERNOON			
12	1	2	3
_____	_____	_____	_____
_____	_____	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

EVENING			
4	5/6	7	8
_____	_____	_____	_____
_____	_____	_____	_____
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



It's important that we all
keeping working and being
flexible.





If we all do our part
and be flexible we will
get through this and
everything will go back
to the way it was.

