

Support Staff ProD 2014

Pro D Day at a Glance

8:00 am Coffee/Morning Mingle

Morning Session:

Choice #1 9:00-9:45 Keynote Speaker &
10:00-11:30 (90 min session)

Choice #2 8:15-9:45 (90 min session)
10:00-11:30 (90 min session)

Choice #3 8:15-11:30 (3 hour session)
9:45-10:00 Break
11:30-12:30 Lunch (provided)

Afternoon Session:

12:30-3:30pm (3 hour session)
15 minute PM Break TBA

ProD Sessions

Full Day Sessions **2**

Broadcasted **3**
Keynote Speaker

90 minute **4-5**
AM only sessions

3 hour **5-7**
AM only sessions

3 hours **7**
AM /PM sessions

3 hour **8-11**
PM only sessions

Date: Monday February 17, 2014

Time: 8:00 am—3:30 pm

Location:
G.P. Vanier
4830 Headquarters Rd
Courtenay



Register Online at:

<http://www2.sd71.bc.ca/events>

Registration starts Friday

December 20, 2013 at 4:00 pm

and closes Tuesday January 14, 2014 at noon.

Contact: cupe.prod@sd71.bc.ca

Full Day Events 8:15am—3:30pm

Behaviour is the Clue, not the Problem For Educational Assistants

Presenter: Kari Bennett

Join me for this interactive, informative session about dealing with challenging behaviours and students with Autism Spectrum Disorders. During this workshop, participants will learn to implement positive behaviour support strategies proven to reduce the likelihood of challenging behaviours occurring. Discussion, problem solving opportunities, resources, and handouts will be provided.

Kari Bennett, District Autism Support Teacher has worked with the Provincial Outreach Program for Autism and Related Disorders as an Education/Behaviour Consultant until hired with SD#71 in current position . She supports teams throughout the school district working with students with ASD

Crisis Prevention Intervention: Change Culture, Behaviour, and Relationships.

Presenter: Mark Glenwright

By using *Nonviolent Crisis Intervention*® training as part of a comprehensive crisis prevention and intervention plan, you can learn how to defuse challenging and disruptive behaviour before an incident escalates to a crisis situation. Successful implementation leads to a change in organizational culture, a change in adult professional behaviour, and a change in staff relationships with both service users and stakeholders. These changes offer many benefits to your staff, your organization, and the individuals you serve. **Location: TBA**

Note: This session is from 8:15-4:30 with a 1/2 hour lunch break

First Aid - For Those Requiring Recertification Only

This is a one full day and 2 evenings workshop. It is for designated First Aide Attendants who are designated First Aid Attendants in their sites. The full day will take place on February 17th at St. John's and the other 2 evenings, dates TBA. *This is not an online registration* . For more information and to register, please contact Marcy Petersen at marcy.petersen@sd71.bc.ca.



Broadcasted Keynote Speaker Dr. Martin Brokenleg **9:00-9:45am**

(This keynote address will be broadcast live from Isfeld to Vanier)

About the Presenter

Dr. Martin Brokenleg is co-founder of the Circle of Courage and consultant for Reclaiming Youth International, providing training worldwide for individuals who work with youth at risk. He holds a doctorate in psychology and is a graduate of the Anglican Divinity School. He is a retired professor and was most recently Director of Native Ministries and Professor of First Nations Theology and Ministry at the Vancouver School of Theology in Vancouver, British Columbia. For thirty years, Dr. Brokenleg was Professor of Native American studies at Augustana College of Sioux Falls, South Dakota. He has also been a director of The Neighborhood Youth Corps, chaplain in a correctional setting, and has extensive experience as an alcohol counselor. Dr. Brokenleg has consulted and led training programs throughout North America, New Zealand, and South Africa. He is the father of three children and an enrolled member of the Rosebud Sioux Tribe practicing the culture of his Lakota people.



Keynote Topic

Dr. Brokenleg will be speaking on how we are ALL important in the lives of our students, how each and every person working in SD71 (from the electricians to the support workers to the teachers) plays a vital role in the lives of students. Dr. Brokenleg will speak on 'crossing the bridge' between the Aboriginal community and non-native community. He will encourage each and every person to 'get into the canoe and paddle together on a journey to supporting students.'

90 Minute Events Offered in the AM 8:15-9:45 & 10:00-11:30 only

MELT Workshop

Presenter: Mia Jerritt

MELT (myofascial energetic lengthening technique) is a highly successful method of self-hydrating stuck connective tissue. One in three North Americans suffers from chronic pain, many people think that getting rid of it once and for all is impossible. With MELT, you will learn to quickly rehydrate connective tissue while allowing the body to release long-held tension. MELT techniques rebalance the nervous system regulators and boost the body's natural healing and repair mechanisms. Through easy, precise movements and techniques, MELT helps erase the "stuck-stress" caused by repetition from daily living – the cause of most common aches, pains and chronic symptoms. Participants will require a roller for this workshop (found at any major store i.e.: Target, Walmart, Sport Chek, etc.)

Mia Jerritt is a Medical Exercise Specialist and Owner of The Core Exercise Studio in Comox.

Printing Like a Pro: Making Printing Practice Count!

Presenter: Andrea Prager Occupational Therapist SD71

To be independent at school, children need to be able to translate their thoughts into writing. However, as many as 10-30% of children have difficulty printing and need extra support. In the first part of this workshop you will learn about the importance of printing and what kinds of approaches help children with motor coordination difficulties learn how to print. The second part of this workshop will focus on Printing Like a Pro, an approach to printing developed by Ivonne Montgomery (Occupational Therapist at Sunny Hill Health Centre for Children) and Jill Zwicker (PhD. OT). You will leave this workshop knowing how to effectively help students develop printing skills.

Yoga

Presenter: Debra Rolston

Would you like to bring back body awareness that has slipped into amnesia? Would you like to release unwanted stress & tension? Would you like to explore how your breath moves and massages your body, dissolving tensions and bringing relaxation? Then come do some gentle yoga with Deb Rolston who has been teaching around the valley for many years. She currently teaches at "The Kingfisher" & "The Little Red Church". Bring your own yoga mat and wear comfortable clothing. Props will be provided.

Your Employee and Family Assistance Program (EFAP)

Presenter: Wendy K. Harris-Spence of: Homewood Human Solutions

Did you know that your EFAP Program provides confidential support which is available anytime? Did you know that this support includes but is not limited to: New Parent Support, Childcare and Parenting, Elder and Family Care, Relationship Solutions, Financial Consultation, Legal Advisory, Nutritional Counselling, Wellness, Smoking Cessation, Career Counselling, Shift Worker Support and Pre-Retirement Planning? Come to this workshop and learn more about the support options which are available to you.



90 Minute Events Offered in the AM 10:00-11:30 only

Anxiety

Presenter: Daniel McKee

Anxiety: What it is. What it is not. What can you do to help? How do you avoid making it worse? How can you maintain your own mental health when working with anxiety stricken clientele?

Dan McKee has a master's degree in counseling psychology as well as a bachelor's degree in History and Education. He has taught in various special educational settings for 13 years with the Calgary Board of Education and 5 years with SD71. Dan has specialized in severe behaviour and emotional problems. In the past year and 2 months Dan has taught in the Lifeskills program at Mark R. Isfeld. In his career Dan has worked with students who were gang members, sex offenders, and students with a variety of psychological diagnoses including ODD, ADHD, Tourette's Syndrome, Conduct disorder, PTSD, Attachment Disorder, OCD and substance abuse issues. His teaching has focused on helping students with the greatest challenges maximise their potential.

Google Apps and Extensions for the Classroom

Presenter: Lisa McKenna Computer Support Worker SD71

This workshop will look at the Google Chrome Browser and some of the different Apps and Extensions that are available. We will explore some of the practical uses of these for your students to use in the classroom.



3 Hour Events Offered in the AM 8:15-11:30 only

Bike Maintenance

Presenter: Simon Brampton, Simon Cycles Ltd.

The basics of bike maintenance will be covered in this session. You will learn how to avoid being stuck on the side of the road/trail. Basic bike care and safety checks will be covered.

Simon Brampton has been in the bike business for 25 years.

Destiny

Presenter: Bill Sherwood

For Clerk Librarians Roundtable discussion about the features of the Destiny Library System and how they are being used in each school. The session will include the opportunity to Show and Tell how features are working. Be prepared with questions and ready to be shown new things.

Emergency Preparedness in SD71

Presenter: Paul Berry District Principal Health and Safety

This half day workshop provides an overview of current emergency preparedness initiative across our district. Staff will get the straight goods on what to expect after a major natural disaster strikes our school and community. Topics will include: staff roles and responsibilities, emergency resources, emergency response protocols, and scenarios.

3 Hour Events Offered in the AM 8:15-11:30 only (con't)

Introduction to Photography

Presenter: Lisa Chase

In this session we will be out taking pictures after reviewing the basics of photo composition and how to use the camera in auto mode. We will learn about how to upload and organize photos as well as how edit photos using online editing programs. If you have your camera please bring it, but cameras will be available to use. Time will be available to help individuals with photo questions.

As a passionate and experienced photographer, Lisa has developed and currently teaches the Photography program at Isfeld Secondary. Her photography has been published in local papers, sold as art, and she regularly photographs school functions. She enjoys photography as a hobby and looks forward to sharing her enthusiasm with you.

Open Student

Presenter: Allison Schilling of Navigate

This session for Clerical Staff will be a demonstration of the Open Student Program showing its new functions. Participants will have time to explore screens and test functionality of the program. Open Student is one of two software programs being considered by the District to replace BCeSIS.

Tablet vs Computer—What Do I Buy?

Presenter: Joel Livingston of My Tech Guys

Wondering whether a computer or tablet is the best tool to get the job done. This informative session will have iPads, Android tablets as well as Windows and Mac laptops to allow participants the chance to play with them all. You'll learn the strengths and weaknesses for all as well as handy tips to be more productive.

The Role of Executive Functioning - the What and Why

Presenter: Nancy Nixon

This would be largely of interest to Education Assistants, although others who are in contact with children who are experiencing difficulties may be curious. Ever wonder...Why in the world that person is behaving that way!? Here may be part of your answer. Executive functioning is a term used to describe a number of thinking processes that govern our ability to take in information, manage our behaviour, set a goal, make choices and plan, get organized, get down to work and keep working until we are done. It is helpful to understand what these processes are, how they work and don't work, what we might see in a person's behaviour as a result, and what can we do about it.

Nancy Nixon is a District Psychologist with SD71. She has worked in schools, preschools and community settings with children and adults with disabilities and their families across 3 provinces. This broad and varied background has led her to the belief that we all can do better work when we can see and understand the world through the eyes of the people we are working with.

3 Hour Events Offered in the AM 8:15-11:30 only (con't)

Your Brain On the Job

Presenter: Gary Anaka

Are you living and working in a multitasking environment? Is your brain under a constant state of heightened stress? Everything you do requires your brain. In a world of increasing knowledge and technology, you are going to have to use your brain more than ever. Can you expand your thinking capacities and maintain your critical memories? Definitely, YES! Discover what efficient healthy brains need to make your job and life easier. Plus, 15 powerful, working strategies to boost your brain power on the job. No Brain, no gain! This presentation is filled with hope and optimism for your future.

Gary Anaka is the top Brain-based Learning Facilitator in BC today. He is a learning assistance specialist with over 34 years of teaching experience in the regular classroom. He is a study skills expert, a brain gymnastics coach and has been presenting keynotes and workshops in the new field of Applied Educational Neuroscience since 1997. Gary has presented motivational workshops to tens of thousands of educators, parents, students, professionals, and the general public. His sessions offer genuine practical help for everyone. He believes in wellness through education to support healthy living for people of all ages. Gary is the author of two books: *Your Magical Brain How It Learns Best* – a resource book for teachers and parents and *Brain Wellness the Secrets of Longevity* – a practical resources book on how to prevent cognitive decline. The scope of his work can be viewed at www.braincoach.ca



3 Hour Events Offered in the AM 8:15-11:30 & PM 12:30-3:30

Building Immunity – One Bite at a Time

Presenter: Michelle Ruttkiewicz RHN

In the ongoing struggle to keep us healthy, a strong immune response is our body's best defence against infection and disease. Poor nutrition and stress are major factors influencing the state of our immune system. A poorly nourished body simply does not have the resources to fight back when stress takes its toll, resulting in illness. In this culinary workshop we will learn which foods have the greatest impact on increasing immunity, elevating energy and reducing stress. By preparing a delicious menu together, we will learn how to easily incorporate health-boosting foods into your diet.

Michele Ruttkiewicz Certified Nutritionist and Food Educator with culinary expertise backed by an education in holistic nutrition, Michele Ruttkiewicz is a voice to be trusted when it comes to food and healthy living. She is a Registered Holistic Nutritionist and Food Educator based in Comox, BC.

Michele graduated with merit from the Canadian School of Natural Nutrition where she developed a broad foundation of knowledge pertaining to many dietary issues. She has a strong background in the culinary arts with over 20 years in the food service industry, including 8 as a restaurateur. Whether creating delicious meals together or preparing individualized programs, Michele loves sharing her passion for good food with others. She is an enthusiastic teacher who illustrates how nutritious foods can taste fabulous, boost energy and set you on your way to achieving optimal health.



3 Hour Events Offered in the PM 12:30-3:30 only

4Cats Arts Studio – Painting and Sculpture

Presenter: Sheila Kembejian or Kristi Martin

Creating art together is the best, most fun team building exercise ever! In our 4Cats workshop each person creates their own artist-inspired acrylic on canvas painting and a polymer clay on canvas board creation! Learn basic colour blending and shading techniques and explore sculpture with polymer clay. Projects are suited to all levels of ability.

“Every child is an artist. The problem is how to remain an artist once he grows up.” Pablo Picasso

Note: there is a \$15 fee for supplies which will be collected in January by the Pro-D Administrative Assistant.

Advanced Photography

Presenter: Lisa Chase

In this session, we will cover more advanced editing using online editors, discussion and use of a variety of lenses including macro, portrait and sport lenses, and some time spent on what you can do with your photography. I will show a few interesting techniques for individuals to experiment with. There will be an opportunity for this class to take photos and get individual help with a variety of photo questions. If you have your own camera, please bring it, but cameras will be available to use.

As a passionate and experienced photographer, Lisa has developed and currently teaches the Photography program at Isfeld Secondary. Her photography has been published in local papers, sold as art, and she regularly photographs school functions. She enjoys photography as a hobby and looks forward to sharing her enthusiasm with you.

BCeSIS Reporting

Presenter: Bill Sherwood

Clerical Staff come join Bill Sherwood in his last Pro-D day session! You will be treated to items of knowledge including reporting tricks and options within BCeSIS. We will explore the various ways that you can provide information to your staff without having to spend hours doing it. Reports from the 1701 area, bus reports, synrevoice lists are but a few of the items to be covered. This is a hands on session and who knows, you might have fun too!

Chainsaw Sharpening & Maintenance

Presenter: Austin Brown, Pilon Tools

This workshop will be held at the maintenance building. Austin Brown will be showing proper chainsaw sharpening techniques and the maintenance needed to care for your chainsaw.

3 Hour Events Offered in the PM 12:30-3:30 only (con't)

Dealing With Difficult Personalities: Bulldozers, Super-Criticals, and Victims

Presenter: Diane A. Ross

There's always one (or more): the demanding parent, the micromanaging colleague, the person who just can't be a team player... the list goes on. Learn to tackle the most common difficult personality conundrums that support staff members face: Bulldozers, Super-Criticals, and Victims.

Your half-day session will cover:

Overcome the aggressive, confrontational, and argumentative "Bulldozer" who has been getting away with intimidating you and others. Learn to "train" bulldozing personalities to treat you with courtesy and respect

Take charge of conversations with "the Super-Critical", when nothing you do is good enough

Sidestep the pitfalls of dealing with critical people who are experts at getting under your skin

Recognize and deal with "the Victim" – those who always find blame in others but never in themselves

Discover strategies to keep Victims on track, without getting "sucked in" to their issues.

Diane A. Ross is a speaker, author, and executive coach who has built her career around her expertise in managing difficult conversations. Her passion is to share her secrets – which she has garnered through much painful trial and error! – so that others can tackle their toughest talks, reduce stress, and get what they want at work, at home, and in life.

Hardware Door Trouble Shooting

Presenter: Edvin Randall

This workshop is for SD71 Carpenters only. Edvin Randall will be the presenter for this workshop. The location TBA

Google Apps and Extensions for the Classroom

Presenter: Lisa McKenna Computer Support Worker Sd71.

This workshop will look at the Google Chrome Browser and some of the different Apps and Extensions that are available. We will explore some of the practical uses of these for your student(s) in the classroom. We will also take the opportunity to try out some of the different speech-to-text options such as Taktyper.com. We will then experiment with placing this text into different types of documents.

Safe Web Surfing Habits

Presenter: Brian Bailey of My Tech Guys

The web is a wonderful but potentially dangerous place. Want to know how to create a strong password that is easy to remember? Want to feel confident about your information on the Internet? This is designed to help come to terms with using the Internet confidently and understanding some of the questions or errors you may encounter to help you be safe and secure.

3 Hour Events Offered in the PM 12:30-3:30 only (con't)

Supporting Executive Function Skills Everyday and All Day!

– the What to Do

Presenter: Martin R. Maxwell

Stand back and celebrate that it is more important to embrace process over product! Learn to respond and not react to underdeveloped thinking. This workshop will provide a brief framework of Executive Functioning and its' relationship to both learning and social communication. Executive Functioning Skills are best applied in meaningful context. Learn to surrender your desire and belief that you must direct and control a student's thinking and time. In the absence of specific E.F. goals participants will learn to apply endless teachable moment interaction with learners that support their planning, organization, time management, flexibility, task initiation, goal directed persistence and others. Learning to respond with powerful E.F. verbal inquiry transfers your good thinking to them. Learning to move away from the student will prove empowering to everyone.

Marty is a retired Speech and Language Therapist from School District 71.

Supporting Students Who Use Alternative and Augmentative Communication (AAC) Expressively

Presenter: Jennie Rankin

Some students in our district rely on alternative methods of communication for their expressive communication—they use alternative and augmentative communication (AAC) to share their requests, opinions and ideas. AAC can be low-tech (i.e. simple paper-based communication boards or communication books), medium-tech (i.e. single message Speech Generating Devices like Big Macs) or high-tech (i.e. integrated computer systems supporting communication software as well as other programs, or dedicated Speech Generating Devices such as an iPad with a communication app). This workshop aims to increase the knowledge and understanding of AAC for EAs. It will cover information for EAs who have never supported a student who uses AAC as well as information for EAs who have a lot of experience with AAC. We will talk about principles, basic strategies, specific ideas that incorporate AAC into classroom activities, and troubleshooting. The goal is to broaden our understanding of AAC, to recognize communication needs in our students and to find ways to support and increase their communication opportunities.

Thinking About Retiring (Members within 5 years of retiring)

(* this session is 2 hours in length 12:30-2:30)

Presenter: Municipal Pension Plan Seminars

If you are within 5 years of retiring this seminar is for you. Thinking about retiring and starting your pension may raise many questions for you. This seminar can help you with this period of change. Please bring along your most recent Members' Benefit Statement to the seminar. The instructor will go over the statement during the presentation and it is helpful for attendees to have their own information available.

3 Hour Events Offered in the PM 12:30-3:30 only (con't)

WSBC – Bullying and Harassment Training

Presenter: Paul Berry District Principal Health and Safety

This session meets WSBC requirements for all staff training with respect to Worksafe BC's Worksafe Bullying and Harassment Training. Topics will include: what the Legislation requires, duties of employers, duties of supervisors, duties of workers, what is and what is not bullying, how to address bullying, reporting, investigations, resolutions, and scenarios.

