

Strategies to Help the Computer Understand My Words

When the computer records sounds or words I have repeated, I can try to... relax my lips, tongue, jaw, think about my breathing, and try.....

- 1) **Easy Start:** Stretch out the first sounds slow and easy (e.g. 'Aaaaandy is my friend').
- 2) **Light Touch:** Touch lips together very lightly when speaking.
- 3) **Stretch the words:** Think about stretching the sounds in words by making them a little bit longer than usual.
- 4) **Pull-out/Ease-out/ Slide-out:** Stop in the middle of a repetition, pause, breathe, and continue (e.g. I n-n-n- (pause, breathe, ease into the word) need a tissue).

When the computer misinterprets what I have said, I can try again and try to...

- 1) **Pace my speech:** Slow down your speech and try to make sure you are giving each word the space it needs (try not to slur words together).
- 2) **Stretch my words:** Think about stretching the sounds in words by making them a little bit longer than usual.